

**Diocese of Lafayette
Food & Nutrition Services**

**January 2019
Lunch Menu**

<p>January 7, 2019 Monday Taco Soup Seasoned Green Beans Tomato & Cucumber Salad Cornbread Square Chilled Fruit Cup Choice of Milk</p>	<p>January 8, 2019 Tuesday Country Fried Steak Mashed Potatoes & Gravy Whole Kernel Corn Wheat Roll Sautéed Apples Choice of Milk</p>	<p>January 9, 2019 Wednesday BBQ Pork Rib Patty Rice Dressing Baked Beans Buttered Parsleyed Carrots Wheat Roll Chilled Pineapples Choice of Milk</p>	<p>January 10, 2019 Thursday Chicken Alfredo Steamed Broccoli Peas & Carrots Homemade Garlic Bread Stick Frozen Strawberry Cup Vanilla Pudding w/Chocolate Chips Choice of Milk</p>	<p>January 11, 2019 Friday Beef Burrito Mexican Beans Tomato Salad Fresh Orange Sections Chocolate Chip Cookie Choice of Milk</p>
<p>January 14, 2019 Monday Pepperoni Pizza Whole Kernel Corn Chopped Lettuce & Tomato Cup Chilled Applesauce Choice of Milk</p>	<p>January 15, 2019 Tuesday Salisbury Steak Steamed Rice & Gravy Black-eyed Peas Sweet Potato Crunch Wheat Roll Fresh Apple Wedges Choice of Milk</p>	<p>January 16, 2019 Wednesday Breaded Cheese Sticks Steamed Broccoli Fresh Baby Carrots Chilled Peaches Gingerbread Cake Choice of Milk</p>	<p>January 17, 2019 Thursday Chicken & Sausage Pastalaya Seasoned Green Beans Lima Beans Wheat Roll Chilled Fruit Cup Choice of Milk</p>	<p>January 18, 2019 Friday Chili Cheese Fries with Cheese Sauce Tossed Salad Orange Juice Chewy Brownie Choice of Milk</p>
<p>January 21, 2019 Monday MLK Day</p>	<p>January 22, 2019 Tuesday Fish Strips Macaroni & Cheese Peas & Carrots Tossed Salad Wheat Roll Chilled Fruit Cup Choice of Milk</p>	<p>January 23, 2019 Wednesday Beef Stew Steamed Rice & Gravy Seasoned Green Beans White Beans Wheat Roll Frozen Strawberry Cup Choice of Milk</p>	<p>January 24, 2019 Thursday BBQ Chicken Baked Beans Potato Salad Wheat Roll Chilled Pineapples Choice of Milk</p>	<p>January 25, 2019 Friday Pulled Pork on Bun French Fries Spring Salad Fresh Satsuma Oatmeal Chocolate Chip Cookie Choice of Milk</p>
<p>January 28, 2019 Monday Creole Sausage Fluffy Rice Steamed Broccoli Sweet Potato Crunch Wheat Roll Sautéed Apples Choice of Milk</p>	<p>January 29, 2019 Tuesday Chicken Fajita on Tortilla shell Refried Beans Chopped Lettuce & Tomato Cup Chilled Pears Chewy Brownie Choice of Milk</p>	<p>January 30, 2019 Wednesday Meat Sauce & Spaghetti Whole Kernel Corn Seasoned Green Beans Homemade Garlic Bread Stick Chilled Fruit Cup Choice of Milk</p>	<p>January 31, 2019 Thursday Turkey Roast Rice Dressing Black-eyed Peas Sweet Peas Wheat Roll Chilled Peaches Choice of Milk</p>	

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